Confirmation Name

Your name is a powerful symbol of YOU! Combined with who you are as a person, a name becomes a unique identifier of you as an individual. Names are given in love and those who love us call us by name.

I have called you by name, and you are mine. (Isaiah 43.1)

The name you choose for Confirmation is meant to be a symbol of who you would like to be as you continue to develop your relationship with God. It will be a reminder to you that you are called to follow Jesus faithfully. It is to be a name that you will remember was chosen by you as you begin to live as a faithful adult in the Catholic Church.

Suggestions:

- 1. Choose your baptismal name, either first or middle; this is the name that God calls you now. It is fine to keep the same name for Confirmation.
- 2. Choose a saint's name; the saints who lived before us showed us how to live as faithful followers of Jesus Christ. Look up the names of some of the saints. Is there one that you can identify with, or one that you admire?
- 3. Choose the name of a person you admire; a person whose example of faith has meant much to you in your life.
- Take some time to think about a name for Confirmation.
- Pray to God about the choice of a name.
- Discuss your ideas with your parents, grandparents, sponsor, and confirmation directors.

Working with your sponsor, **research the name you have chosen** as your Confirmation name. Using sources that you will need to identify, fill out the report on the other side of this paper about what you find concerning the name you have chosen.

- What is its meaning?
- Is it derived from another name?
- What saint represents the name (there most likely is a saint from the "derived" name)?
- Who is the saint and what is their story?
- Why does this name mean something special to you?

Resources might include:

- Books on the lives of saints.
- Internet information on saints and/or meanings of names.
- Books on the meaning of names.

You must complete this before our first class in February. Please do it soon and place it in your folder.

My Confirmation Name will be:														
I chose this name because:														
	What is the meaning of this name?													
			represented	-										
Student signature					Spo	Sponsor/Mentor signature								
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